



Viruses are a thousand times smaller than bacteria and thus are not killed in the same way. Bacteria are killed by an explosive oxidation reaction, whereas viruses are killed by keeping a virus from forming over a period of time. MMS prevents the protein of the virus from growing into its final configuration and thus they die.

Where viral diseases are present, you must keep MMS present in the body for an extended period so that viruses cannot mature and reproduce.

The various protocols take this into consideration. For viral infections, normally the chlorine dioxide needs to be continuously present in low-dose amounts for at least 12 hours, and sometimes even longer. This is in contrast with bacterial infections where a large dose of MMS in the morning, noon, and evening will be effective in a fast kill of bacteria.

We know for certain that activated MMS (chlorine dioxide) only remains present in the body for about 1 hour. That means you must take a small amount of MMS every hour for an extended period of time to keep the viruses from forming, and thus they die by never reaching maturity.

Take as much MMS as you can handle without getting sicker or nauseous. Start out with one drop, and in an hour take two drops, then three drops at the third hour. Keep increasing, but drop back a drop or two if you notice nausea.

It's OK to sleep without taking MMS through the night but begin again the next day until you are well. (Remember always use 5 drops of citric acid or unfiltered vinegar to each drop of MMS and wait three minutes before adding water or juice.) Use this information here with any of the other protocols.

CONTACT INFO: Before writing to the MMS Institute about specific disease questions you should visit the knowledge base and click on various diseases that may be of interest. Click here: [\[http://MMSanswers.com \]](http://MMSanswers.com)
An E-mail contact address is provided there.

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